

2. Listed below are some of the ways that people gain personally from being a volunteer. Have any of the following increased or decreased for you? Please tick the box that applies to you.

	A Increased greatly	B Increased	C Stayed the same	D Decreased	E Decreased greatly	F Not relevant
a) My personal development (e.g. confidence, self-esteem, self-management)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) My skills-base (e.g. from teamwork through to computer literacy)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) My general health and well-being	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3. Volunteering can affect some people economically, both in terms of what you might gain from volunteering, but also in terms of the costs of volunteering. Please tick the box that summarises how much you agree or disagree with the following statements:

	A Strongly agree	B Agree	C Neither agree nor disagree	D Disagree	E Strongly disagree	F Not relevant
a) All the expenses I incur as a volunteer are reimbursed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) I have access to free training	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) My ability to get paid work has increased	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

4. Below are listed some of the ways in which people gain through the social links they develop by volunteering. Please tick the box that summarises how much the following have increased or decreased for you.

	A Increased greatly	B Increased	C Stayed the same	D Decreased	E Decreased greatly	F Not relevant
a) Access to new contacts and networks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) Sense of trust in others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) Participation in local activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

5. Volunteering can impact on people's sense of cultural identity in a number of ways. Please tick the box that summarises how much the following have increased or decreased for you.

	A Increased greatly	B Increased	C Stayed the same	D Decreased	E Decreased greatly	E Not relevant
a) My sense of community, ethnic, faith or religious identity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) My appreciation of other peoples' cultures	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) My sense of integration into the United Kingdom	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please add any comments on any of these impacts

Issues

6. Is there anything else that you would like to say about the volunteering you've been doing, or the effects it has had on you? Please write in here:

7. Would you recommend volunteering to other people?

Y) Yes

N) No

If you answered **Yes**, what are the main benefits that you would emphasise?

If you answered **No**, what are the main drawbacks that you would emphasise?

About You

Please fill in the following details about you – they will be kept completely private but will help us build up a profile of our volunteers.

Are you male M) or female F)

How old are you?

a) 24 or under
b) 25-34
c) 35-44
d) 45-54

e) 55-64
f) 65-74
g) 75 and over

How would you describe your ethnicity?

a) White
b) Asian or Asian European
c) Black or Black European

d) Chinese or Chinese European
e) Refugee
f) Asylum Seeker
g) Other (please specify): _____

Do you consider yourself to be disabled? Y) Yes N) No

What is your employment status?

a) Employed full time (or self employed) f) Sick/incapacity
b) Employed part time (or self employed) g) Retired
c) Unemployed h) Never in paid employment
d) Student/training scheme i) Other (please specify) _____
e) Primary carer _____

If you are employed, what is your occupation?

Please return this questionnaire to:

Thank you very much for your help

This questionnaire is an adapted version of the **volunteering impact** assessment toolkit Core Volunteer Questionnaire. The full toolkit is available to buy from www.volunteering.org.uk

It has been translated by the Volunteer Centre Sheffield refugee and asylum seeker volunteer project and translated versions are available to download free at www.vas.org.uk/volunteering